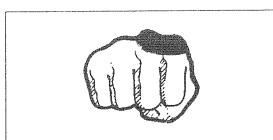
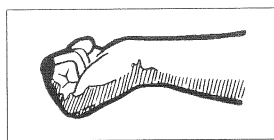


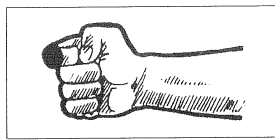
Cuki vaza – údery



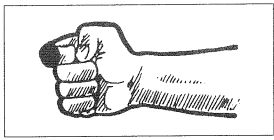
seiken
čelo pěsti



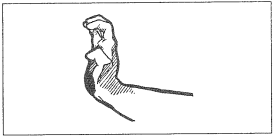
hiraken
poloviční pěst



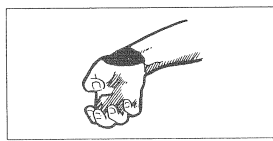
iponken
jednokloubová pěst



nakadakaiponken
jednokloubová pěst prostředníku

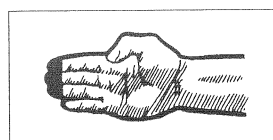


teišo
pata dlaně

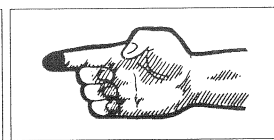


teišo
pata dlaně

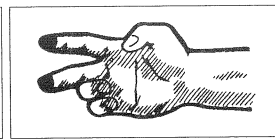
Saši vaza – bodnutí



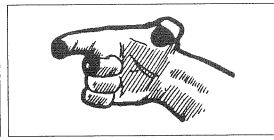
jonhonnukite
kopí ruky



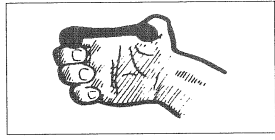
iponnukite
jednoprsté kopí ruky



nihonnukite
dvouprsté kopí ruky

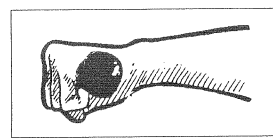


koko

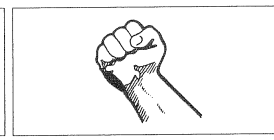


šikjo

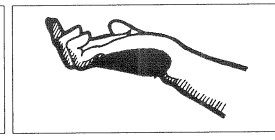
Uči vaza - seky



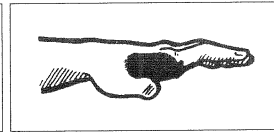
tetsui
železné kladivo



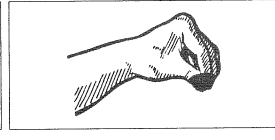
tetsui
železné kladivo



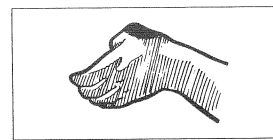
šuto
hrana ruky



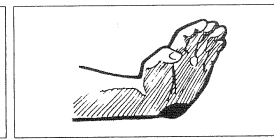
haito
palcová hrana ruky



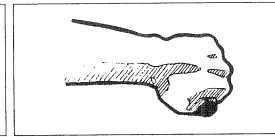
vašide
orlí spár



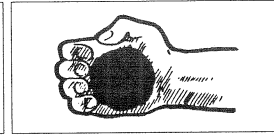
keito
zápěstí kuřecí hlavy



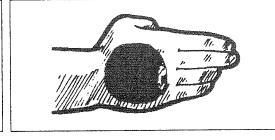
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vnější okraj paty dlaně



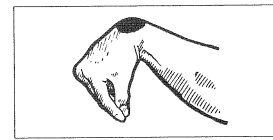
ojajubi



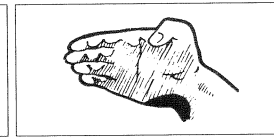
kumade
medvědí tlapa



haišu

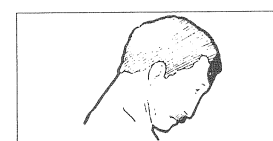


kakuto
ohnuté zápěstí

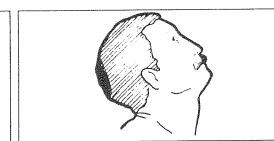


kake uke

Ostatní



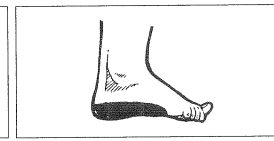
men
hlava



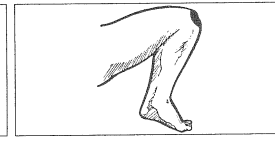
men
hlava



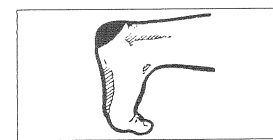
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loket



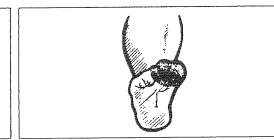
sokuto
hrana nohy



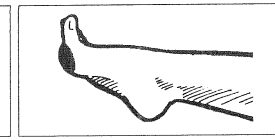
hizagašira, hiza
koleno



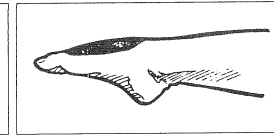
kakato
pata



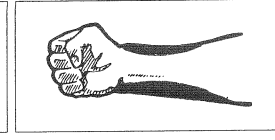
cumasaki
hroty prstů u nohou



koši
bříško chodidla



haisoku
nárt



ude (van)
předloktí